

Grapefruit Seed Extract

Promotes Gastrointestinal
and Immune Health*

NutriDyn's Grapefruit Seed Extract is a potent nutritional supplement containing evidence-based and bioavailable ingredients to support healthy immune function and a healthy gastrointestinal tract.* The formula is made from a powerful 10:1 extract for extra potency and optimal health benefits.*

How Grapefruit Seed Extract Works

Grapefruit seed extract is a widely researched extract derived from *Citrus paradisi*, a bitter citrus. Grapefruit seed extract has been demonstrated in clinical research to support healthy immune function and a healthy gastrointestinal tract by providing potent antioxidants and a unique profile of bioflavonoids, notably hesperidin, naringin, and naringenin.*^{1,2}

Hesperidin has been studied for its effect on balancing and nourishing the gastrointestinal tract and microbiome in humans.*^{3,4} It is known to have antioxidant properties and promote healthy inflammatory markers.*^{5,6} Hesperidin has been widely studied for its support of healthy endothelial function and its ability to support healthy blood pressure levels already in the normal range.*^{7,8}

The bioflavonoid naringin is found in high concentrations in grapefruit seed extract. Naringin has been shown to support cardiovascular health, bone health, cognitive function, and healthy metabolism.*^{9,10,11} It also has powerful antioxidant properties to support immune health and promotes healthy inflammatory markers.*^{12,13}

Naringenin's main function in the body is as an antioxidant, whereby it helps to promote healthy oxidative stress responses by stopping free radical reactions.*¹⁴ This process includes the molecules superoxide dismutase, catalase, and glutathione peroxidase, which gives naringenin its powerful health benefits.*^{15,16}

Grapefruit Seed Extract Supplementation

The bioflavonoids in NutriDyn's Grapefruit Seed Extract are packed with health-promoting benefits backed by clinical evidence demonstrating their potent antioxidant properties.* Supplementation with Grapefruit Seed Extract may include these benefits:

- Support for healthy immune function*
- Promotes a healthy gastrointestinal tract*
- Support for cardiovascular health*
- Promotes healthy antioxidant capacity*
- Promotes healthy endothelial function*
- Support for a healthy gut microbiome*
- Promotes healthy skin*
- Supports healthy inflammatory markers*



Form: 120 Capsules

Serving Size: 1 Capsule

Ingredients	Amount	%DV
Vitamin C (as ascorbyl palmitate)	10 mg	11%
Grapefruit 10:1 Extract (seed; <i>Citrus paradisi</i>)	250 mg	**

Other Ingredients:

Hypromellose, microcrystalline cellulose.

Directions:

Take one capsule with food up to four times daily or as directed by your healthcare practitioner.

Caution: *If you are pregnant, nursing or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.*



GLUTEN-FREE



DAIRY-FREE



NON-GMO



PRODUCED IN A
cGMP FACILITY

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

References:

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